



















# CORONAVIRUS TIER 1

# MEDIUM ALERT

[gov.uk/coronavirus](https://gov.uk/coronavirus)

**Around 1 in 3 people with Covid-19 have no symptoms** so will be spreading the virus without realising. We must all take action to protect each other and our hospital capacity.

<b>MEETING FRIENDS AND FAMILY</b>  <p>Maximum of six indoors or outdoors, apart from with members of a single household or support bubble.</p>	<b>BARS, PUBS AND RESTAURANTS</b>  <p>Venues must be table service only. They must stop taking orders at 10pm and must close by 11pm.</p>	<b>RETAIL</b>  <p>Open.</p>	<b>WORK AND BUSINESS</b>  <p>Everyone who can work from home should do so.</p>
<b>EDUCATION</b>  <p>Early years settings, schools, colleges and universities open. Childcare, other supervised activities for children, and childcare bubbles permitted.</p>	<b>INDOOR LEISURE</b>  <p>Open.</p>	<b>ACCOMMODATION</b>  <p>Open.</p>	<b>PERSONAL CARE</b>  <p>Open.</p>
<b>OVERNIGHT STAYS</b>  <p>Permitted with household, support bubble, or up to 6 people.</p>	<b>WEDDINGS AND FUNERALS</b>  <p>15 guests for weddings, civil partnerships, wedding receptions and wakes; 30 for funerals.</p>	<b>ENTERTAINMENT</b>  <p>Open.</p>	<b>PLACES OF WORSHIP</b>  <p>Open, but cannot interact with more than six people.</p>
<b>TRAVELLING</b>  <p>Walk or cycle if possible, plan ahead and avoid busy times and routes on public transport. Avoid car sharing with those outside of your household or support bubble. Avoid travelling into a Tier 3 area, other than where necessary such as for work or education. Further exemptions apply.</p>	<b>EXERCISE</b>  <p>Classes and organised adult sport can take place outdoors, but must follow the rule of six indoors. Organised activities for elite athletes, under-18s and disabled people can continue.</p>	<b>RESIDENTIAL CARE</b>  <p>COVID-secure arrangements such as substantial screens, visiting pods, and window visits. As an interim measure, indoor visits in the absence of testing will be limited to two people from a Tier 1 area with with social distancing, no physical contact, PPE use and good hand hygiene observed at all times. Where testing is available, it should be used.</p>	<b>LARGE EVENTS</b>  <p>Sport, live performances and business meetings limited to 50% capacity or 4000 people outdoors (whichever is lower) and 50% capacity or 1000 people indoors (whichever is lower)</p>

For support and more information visit:  
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